

CASE STUDY

Village Early Learning Bendigo East completes Achievement Program!

3.5

Years

6Health
Priority
Areas**1**Health Promoting
Early Years
Service Status**Our Story**

After three and a half years of dedication to completing the Achievement Program, Village Early Learning Bendigo East has officially received health promoting status!

The commitment that it takes to complete all six priority areas within The Achievement Program can be quite daunting, but not for the Village Early Learning team!

The program consists of 6 key Health Priority Areas (HPAs) Healthy Eating & Oral Health, Physical Activity & Movement, Smoking, Vaping, Alcohol & Other Drugs, Safe Environments, Mental Health & Wellbeing and Sun Protection. For Village Early Learning, working through these six areas was beneficial, as policies were updated or developed as needed to ensure alignment with the National Quality Standards (NQS) Framework.

To improve engagement and motivation for services to achieve HPAs, the Bendigo Community Health Services (BCHS) Health Promotion Team implement the AP Awards Catalogue. This initiative allows services to receive rewards for their centre once completed HPAs. Village Early Learning have received healthy rewards such as balance bikes, basketball hoops and soccer goals, to celebrate their great achievements.

Our Why

The Achievement Program focuses on improving a range of health and wellbeing outcomes. Through making changes at a system level, we can improve health and wellbeing outcomes for all staff, parents and children in Early Years Centres as well as Schools.

If you are an early learning service or school in Greater Bendigo and are interested in joining the Achievement Program, please visit <https://healthyplaces.health.vic.gov.au/en> to register and our health promotion team will be in touch!

“The program certainly offered a lot of insight into different [health] areas” and has been a fantastic program that “rewards services and children putting health and wellbeing as a priority”.

- Staff from Village

Get in Touch! healthpromotion@bchs.com.au

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Case Study references old program name, now called Healthy Places Healthy Futures (formerly the Achievement Program)

