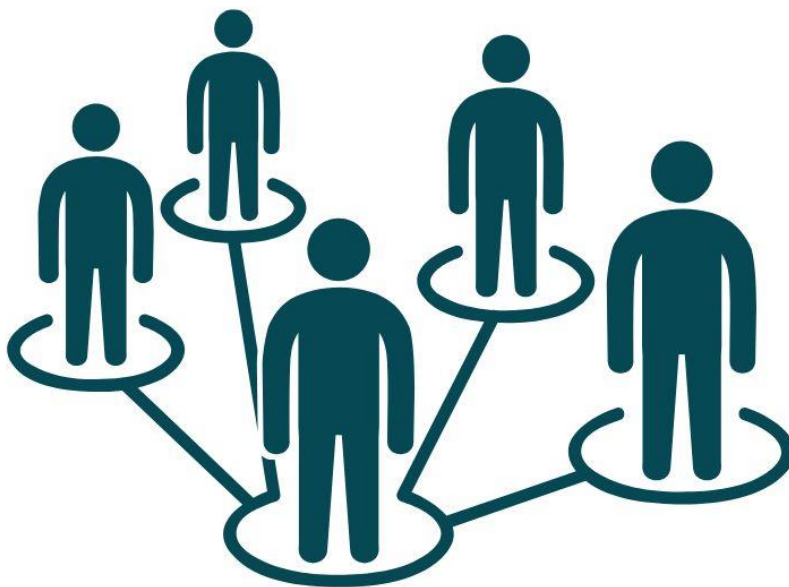


Alcohol & Other Drugs (AOD) Service Directory

Loddon region



Introduction

This directory lists key state-funded AOD services within the Loddon catchment, which includes the local government areas of Greater Bendigo, Mount Alexander, Mount Macedon, Central Goldfields, Campaspe and Loddon. The directory was initially developed by the Loddon AOD Catchment Planning group in 2023 and has been updated by the Loddon Specialist AOD Family Violence Advisor.

While focused on our region clients can access AOD services across Victoria. For additional statewide and specialist AOD services, visit the Victorian Department of Health website link:

[Alcohol and other drug treatment services](#)

Disclaimer

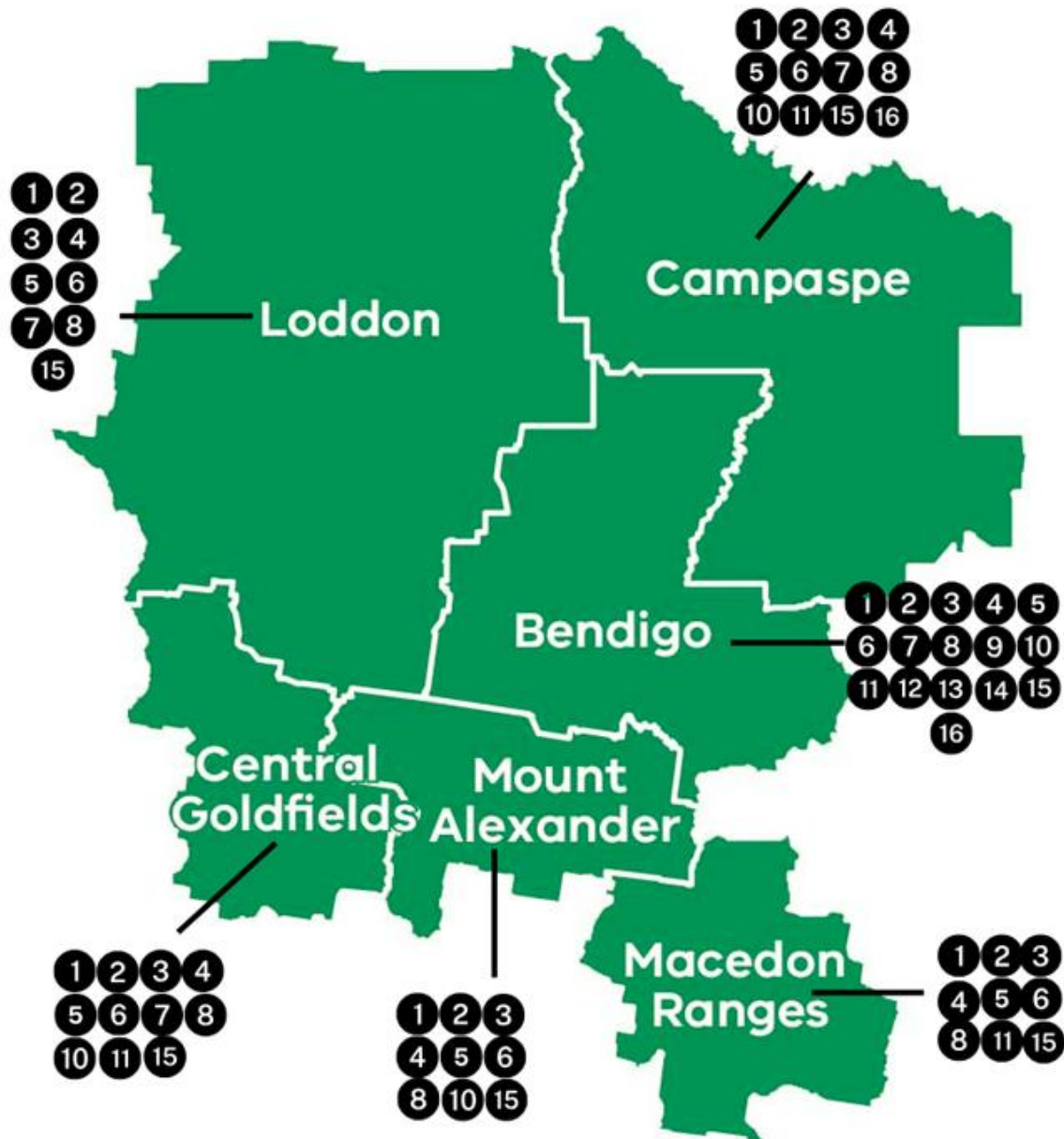
Whilst every effort has been made to list entries and data correctly, Bendigo Community Health Services does not take responsibility whatsoever for any error or omissions that may occur in this publication. The information contained within, was correct at the time of the compilation and may be subject to change.

The information set in the directory is provided in good faith as a service. It is the responsibility of the users of this directory to make their own enquiries as to the suitability of the service they may require. Bendigo Community Health Services is unable to uphold the standards of any of the practitioners or services listed and hence disclaims legal liability for any loss, damage or personal injury resulted from referral or contact with the aforementioned, including any consequential damage.

First published December 2023, updated February 2025



AOD service location overview



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3. Brief Intervention
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Service provider listing

1. Intake		
	Service Provider	Location
<p>The AOD intake function is provided by ACSO for the Loddon catchment and provides local knowledge to support client pathways to all Victorian AOD services, inclusive of youth, adult, residential and non-residential, Aboriginal, state and commonwealth-funded AOD services.</p> <p>Intake services assist people to navigate the AOD service system and engage proactively with treatment providers on behalf of, and in partnership with, AOD clients and their families.</p> <p>ACSO can also provide a single 'family session' for family members/carers who have a loved one struggling with substance use disorders and/or addictions.</p>	<p>Australian Community Support Organisation (ACSO) 1300 022 760</p>	<p>Covers all of Loddon catchment</p>
<p>DirectLine is a 24/7 statewide telephone and online service which supports people seeking AOD information, advice or referral, before, during and after treatment. Most clients identified as non-dependent users are offered telephone and online supports, including information and advice, brief interventions, worker-facilitated and self-guided supports, and referrals to non-AOD services. Clients identified as likely to require treatment for AOD related risk, harm or dependence are referred to catchment-based intake services (eg: ACSO for the Loddon Catchment).</p>	<p>DirectLine. 1800 888 236</p>	<p>Statewide</p>
<p><u>Important information about intake:</u></p> <ul style="list-style-type: none"> ☐ Some AOD services can be accessed directly without going through the Intake process - see details for specific services below. ☐ If you've had an AOD assessment in the last 12 months, you can restart services by contacting your previous treatment provider directly - no new Intake required. ☐ For urgent situations, treatment providers may offer immediate face-to-face services or direct intake. Contact organisations directly to discuss these options. ☐ While providers will share information with the catchment-based intake provider, your immediate care is the priority. 		



2. Assessment

Comprehensive assessments determine the level and type of treatment and support required by presenting clients.

Assessment ensures that a client's needs are adequately understood so that treatment plans best suit the needs of people who require support.

Service Provider	Location	Comments
Bendigo Community Health Services	Bendigo	
Bendigo and District Aboriginal Co-operative	Dja Dja Wurrung	Aboriginal and Torres Strait Islander focus
Dhelkaya Health	Mount Alexander	
Echuca Regional Health	Campaspe	
Inglewood District Health Services	Loddon LGA	
Maryborough District Health Services	Central Goldfields	
Njernda	Yorta Yorta	Aboriginal and Torres Strait Islander focus
Northern District Health Services	Loddon LGA	
Sunbury Cobaw Community Health	Macedon Ranges	Includes youth and adult - ages 12+
The Salvation Army	Bendigo	Referrals accepted for all of Loddon catchment
Thorne Harbour	Bendigo	LGBTIQ+ focus
Youth Support and Advocacy Service (YSAS)	Bendigo	Youth (ages 12-25)



3. Brief Intervention

<p>Brief intervention is education and advice that aims to achieve a short-term reduction in harm associated with AOD use. This may include crisis intervention, harm reduction measures, relapse prevention planning, and support for co-occurring issues, such as mental health.</p>	Service Provider	Location	Comments
	ACSO	Bendigo	Referrals accepted for all of Loddon catchment
	Bendigo Community Health Services	Bendigo	
	Bendigo and District Aboriginal Co-operative	Dja Dja Wurrung	Aboriginal and Torres Strait Islander focus
	Dhelkaya Health	Mount Alexander	
	Echuca Regional Health	Campaspe	
	Inglewood District Health Services	Loddon LGA	
	Maryborough District Health Services	Central Goldfields	
	Njernda	Yorta Yorta	Aboriginal and Torres Strait Islander focus
	Northern District Health Services	Loddon LGA	
	Sunbury Cobaw Community Health	Macedon Ranges	Includes youth and adult – ages 12+
	The Salvation Army	Bendigo	Referrals accepted for all of Loddon catchment
Thorne Harbour	Bendigo	LGBTIQ+ focus	
Youth Support and Advocacy Service	Bendigo	Youth (ages 12-25)	

4. Care, Recovery and Coordination (CRC)

<p>The CRC service supports integrated treatment and care pathways for the highest need/risk clients who require a coordinated care response. CRC supports other AOD treatment services over a longer period through coordinating treatment planning, goal setting, and supported referral to other services.</p>	Service provider	Location	Comments
	Bendigo Community Health Services	Bendigo	Karen worker available
	Bendigo and District Aboriginal Co-operative	Dja Dja Wurrung	Aboriginal and Torres Strait Islander focus
	Dhelkaya Health	Mount Alexander	
Echuca Regional Health	Campaspe		

	Inglewood District Health Services	Loddon LGA	
	Maryborough District Health Services	Central Goldfields	
	Njernda	Yorta Yorta	Aboriginal and Torres Strait Islander focus
	Northern District Health Services	Loddon LGA	
	Sunbury Cobaw Community Health	Macedon Ranges	Includes youth and adult - ages 12+
	The Salvation Army	Bendigo	Referrals accepted for all of Loddon catchment
	Thorne Harbour	Bendigo	LGBTIQ+ focus
	Youth Support and Advocacy Service	Bendigo	Youth (ages 12-25)

5. Intensive programs

	Service Provider	Location	Comments
<p>The <u>Overdose Prevention Program</u> works intensively to support individuals who are at the highest risk of overdose and are not already receiving care and recovery coordination services.</p> <p>The <u>Families at Risk Program</u> supports families with children where the carer has alcohol and/or drug issues and are at risk of or currently have child protection involvement. Support aims to reduce the impact of alcohol and other drugs on families and children, reducing the number of families referred to Child Protection.</p>	The Salvation Army	Bendigo	Referrals accepted for all of Loddon catchment
	The Salvation Army	Bendigo	Referrals accepted for all of Loddon catchment



6. General and Forensic Counselling

Counsellors provide evidence-based, therapeutic individual, group and family counselling interventions focusing on recovery-orientated care.

Different modes of counselling include face-to-face, online and telephone consultations for individuals and families, as well as group counselling.

Service Provider	Location	Comments
Bendigo Community Health Services	Bendigo	Karen community engagement worker available Life Skills group runs weekly
Bendigo and District Aboriginal Co-operative	Dja Dja Wurrung	Aboriginal and Torres Strait Islander focus Art group runs weekly
Caraniche	Bendigo	Kickstart group program for forensic clients
Dhelkaya Health	Mount Alexander	
Echuca Regional Health	Campaspe	
Inglewood District Health Services	Loddon LGA	
Maryborough District Health Services	Central Goldfields	
Njernda	Yorta Yorta	Aboriginal and Torres Strait Islander focus
Northern District Health Services	Loddon LGA	
Sunbury Cobaw Community Health	Macedon Ranges	Includes youth & family counselling AOD/neurodiversity group runs weekly
The Salvation Army	Bendigo	Referrals accepted for all of Loddon catchment
Thorne Harbour	Bendigo	LGBTIQ+ focus
Youth Support and Advocacy Service	Bendigo	Youth (ages 12-25)



7. Pharmacotherapy

<p>Pharmacotherapy or opioid replacement therapy (ORT) uses substitution medication to assist in the treatment of opioid addiction. Pharmacotherapy treatment improves clients' health, social and occupational functioning and reduces blood-borne virus transmission.</p>	Service Provider	Location	Comments
	Bendigo Community Health Services	Bendigo	
	Bendigo and District Aboriginal Co-operative	Dja Dja Wurrung	Aboriginal and Torres Strait Islander focus
	Echuca Regional Health	Campaspe	
	Maryborough District Health Services	Central Goldfields	
	Northern District Health Services	Loddon LGA	
Youth Support and Advocacy Service	Bendigo	Youth (ages 12-25) By appointment only	

8. Needle Syringe Program (site based)

<p>NSPs provide injecting drug users with sterile injecting equipment, sharps disposal containers, a range of sexual health products, as well as information, education, and support.</p> <p>Naloxone is also available from most sites. Naloxone is a medication that will temporarily reverse the effects of an opioid overdose. Some pharmacies also provide naloxone.</p> <p>Victoria's Take-Home Naloxone Program</p>	Service Provider	Location	Comments
	Bendigo Community Health Services	Bendigo	
	Dhelkaya Health	Mount Alexander	
	Echuca Regional Health	Campaspe	
	Maryborough District Health Services	Central Goldfields	
	Rochester Elmore District Health Service	Campaspe	
	Sunbury Cobaw Community Health	Macedon Ranges	
Youth Support and Advocacy Service	Bendigo	Youth (ages 12-25) By appointment only	



9. Outreach Programs

	Service Provider	Location	Comments
<p><u>Mobile drug safety</u> workers provide education on harm reduction and treatment pathways for drug users. The program proactively engages with vulnerable people experiencing harm from AOD who are not engaged with mainstream health, social support or AOD treatment services.</p>	Bendigo Community Health Services (Mobile Drug Safety and Needle Syringe Program)	Bendigo	After hours NSP call 1800 636 514
<p>An <u>after-hours needle syringe delivery program</u> is available from Tuesday – Saturday 7.30pm – 10.45pm. Includes Naloxone. Naloxone is a medication that will temporarily reverse the effects of an opioid overdose. Call 1800 636 514.</p> <p><u>Public Intoxication Response</u> program provides an outreach-based response to individuals in need. This response includes conducting thorough health assessments, offering safe transportation to an appropriate location, monitoring the health and overall well-being of the individuals, and delivering follow-up care as needed.</p>	Bendigo and District Aboriginal Co-operative (Public Intoxication Response)	Dja Dja Wurrung	Aboriginal and Torres Strait Islander focus

10. Home-based Withdrawal

	Service Provider	Location	Comments
<p>Home-based withdrawal involves supported clinical withdrawal from a person's home. It includes assessment, withdrawal treatment and referral and information provision via face-to-face and telephone. The withdrawal nurse provides coordination with medical services such as GPs and assists clients to undertake a safe withdrawal while remaining within their own home.</p>	Bendigo Community Health Services	Bendigo	
	Dhelkaya Health	Mount Alexander	
	Echuca Regional Health	Campaspe	
	Maryborough District Health Service	Central Goldfields	
	Youth Support and Advocacy Service	Bendigo	Youth (ages 12-25)



11. Residential Withdrawal

<p>Residential withdrawal services support clients to safely withdraw from AOD dependence, in a supervised residential facility. Nova House is a 5-bed facility that supports low to medium risk (medically assessed) clients through the withdrawal process – typically 7 days in duration.</p> <p>Some hospitals in the region also have options for residential withdrawal for certain substances.</p> <p>There are other options for residential withdrawal in multiple locations in the state for those that are unsuitable for Nova house or local hospital-based withdrawal.</p>	Service Provider	Location	Comments
	Bendigo Community Health Services (Nova House)	Bendigo	
	Dhelkaya Health	Mount Alexander	Alcohol only
	Kyneton District Hospital	Macedon Ranges	Alcohol only
	Maryborough District Health Service	Central Goldfields	Alcohol & cannabis only
	Rochester Elmore District Health Service	Campaspe	Alcohol & cannabis only

12. Residential Rehabilitation

<p>The Salvation Army Bendigo Bridge is an 18-bed, 12-week residential treatment program for those aged 18-35. The aims of the program are to establish an individual treatment plan, improve overall health and wellbeing, address underlying issues that have led to substance use, education, building self-efficacy to support ongoing support and to rebuild relationships.</p> <p>Bendigo Health – The Dual Diagnosis Residential Unit is an eight-bed voluntary residential unit designed to treat individuals with co-occurring mental health and drug and or alcohol dependency.</p> <p>There are other options for residential rehabilitation throughout the state. AOD clinicians will assess suitability based on client’s needs.</p>	Service Provider	Location	Comments
	The Salvation Army Bendigo Bridge Rehabilitation	Bendigo	Age limit 18-35
	Bendigo Health – Dual Diagnosis Residential Unit	Bendigo	

13. Day Programs

	Service Provider	Location	Comments
Baringgurak (our journey) focuses on strengthening your connection to and knowledge of culture to support your recovery. The 12-week program draws on the wisdom of Elders and community members to foster your personal and cultural pride. You will work with a case manager to create a treatment plan with clear goals to support your recovery. This program will help you develop the skills needed to live more independently in the community. The program highlights the importance of community support and collective healing.	Bendigo and District Aboriginal Co-operative (baringgurak)	Dja Dja Wurrung	Aboriginal and Torres Strait Islander focus
The Salvation Army Building Bridges program is a 10-week therapeutic day rehabilitation program that provides a structured group for anyone wishing to address their substance use. Individual case management is also provided for each participant.	The Salvation Army	Bendigo	

14. Peer Support

	Service Provider	Location	Comments
Peer workers in the Alcohol and Other Drug (AOD) sector use their lived experience as a powerful foundation for building authentic, trusting relationships with the people they support. Through shared understanding, they provide non-judgmental, person-centred support, offering harm reduction education and practical strategies to promote safer substance use or reduce related harms. Peer workers model self-determined change, as defined by the individual rather than the service, and collaborate within multidisciplinary teams to strengthen holistic treatment planning. Their role fosters connection, hope, and empowerment, reinforcing recovery-oriented, trauma-informed, and rights-based approaches in AOD care.	Bendigo Community Health Services	Bendigo	
	Bendigo and District Aboriginal Co-operative	Dja Dja Wurrung	Aboriginal and Torres Strait Islander focus
	Bendigo Health	Bendigo	
	Thorne Harbour	Bendigo	LGBTIQ+ focus



15. Family Support

<p>Family Drug Support provides services that aim to strengthen the physical and mental health of families impacted by someone's alcohol or drug use and support the family's ability to cope with their individual situations. Delivered via group-based or individual interaction.</p>	Service Provider	Location	Comments
	Bendigo Community Health Services	Bendigo	
	Youth Advocacy Support Service	Bendigo	

16. Mental Health and Wellbeing Locals

<p>Mental Health and Wellbeing Locals support Victorians aged 26 years and over to get mental health and wellbeing treatment, care and support closer to home. All support is free, voluntary and easy to access, and you do not need a referral from your doctor to access help.</p>	Service Provider	Location	Comments
	Mind Australia (Lead agency and includes partner agencies)	Bendigo	Adults 26+
	Mind Australia (Lead agency and includes partner agencies)	Campaspe	Adults 26+



AOD service providers

Service prover listing		
	Contact details	Phone
ACSO	<p>Level 1/20 Bridge Street Bendigo 3550</p> <p>LoddonMalleeIntake@acso.org.au</p> <p>Online referral form: https://www.acso.org.au/referrals/aod/</p> <p>FVISS/CISS requests: ACSO Information Sharing requests www.acso.org.au</p>	1300 022 760
BENDIGO COMMUNITY HEALTH SERVICE (BCHS)	<p>165-171 Hargreaves Street Bendigo VIC 3550 (Head Office)</p> <p>137 Holdsworth Road, North Bendigo 3350 (AOD Services)</p> <p>BCHSAODRFS@bchs.com.au</p> <p>FVISS/CISS requests: BCHS Information Sharing requests www.bchs.com.au</p>	<p>03 5406 1200</p> <p>03 5441 4200</p> <p>03 5432 6001</p>
BENDIGO AND DISTRICT ABORIGINAL CO-OPERATIVE (BDAC)	<p>35 Queen Street Bendigo 3550</p> <p>support@bdac.com.au www.bdac.com.au</p>	03 5442 4947
BENDIGO HEALTH	<p>Dual Diagnosis Residential Unit (DDRU) 1 Kurmala Street North Bendigo 3550</p> <p>dualdiagnosis@bendigohealth.org.au</p> <p>FVISS/CISS requests: Bendigo Health - Information Sharing requests www.bendigohealth.org.au</p>	03 5454 6510
CARANICHE	<p>Kickstart Group Program (Bendigo only)</p> <p>www.caraniche.com.au</p>	03 8417 0500
DIRECTLINE	www.directline.org.au	1800 888 236

DHELKAYA HEALTH	142 Cornish Street Castlemaine 3450 FVISS/CISS requests - Dhelkaya Health - Information Sharing requests www.dhelkayahealth.org.au	03 5479 1000
ECHUCA REGIONAL HEALTH	226 Services Street Echuca 3564 FVISS/CISS requests - ERH - Information Sharing request www.erh.org.au	03 5485 5000
INGLEWOOD DISTRICT HEALTH SERVICE	3 Hospital Street Inglewood 3517 referrals@idhs.vic.gov.au www.idhs.vic.gov.au	03 5431 7000
MARYBOROUGH DISTRICT HEALTH SERVICE	75-87 Clarendon Street Maryborough 3465 Intake.ComServices@mdhs.vic.gov.au FVISS/CISS requests - MDHS Information Sharing Requests www.mdhs.vic.gov.au	03 5461 0333
MENTAL HEALTH & WELLBEING LOCALS (BENDIGO)	3/15 Hopetoun Street Bendigo 3550 bendigolocal@mindaustralia.org.au Mental Health and Wellbeing Local	1800 332 501
MENTAL HEALTH & WELLBEING LOCALS (ECHUCA)	222 Ogilvie Avenue Echuca 3564 Echucalocal@mindaustralia.org.au Mental Health and Wellbeing Local	03 5412 6600
NJERENDA	Ivy House, 86 Hare Street Echuca 3564 reception@njernda.com.au www.njernda.com.au	03 5480 6252
NORTHERN DISTRICT COMMUNITY HEALTH	16-34 Fitzroy Street, Kerang 3579 (Head Office) www.ndch.org.au	03 5451 0200

ROCHESTER AND ELMORE DISTRICT HEALTH SERVICE (REDHS)	1 Pascoe Street Rochester 3561 www.redhs.com.au	03 5484 4400
SALVATION ARMY	65-71 Mundy Street Bendigo 3550 Residential Rehabilitation: centralisedintake@salvationarmy.org.au Non-Residential Services: intake.nvaods@salvationarmy.org.au www.salvationarmy.org.au	03 5440 8410
SUNBURY COBAW COMMUNITY HEALTH CENTRE	1 Caroline Chisholm Drive Kyneton 3444 admin@scchc.org.au www.sunburycobaw.org.au	03 5442 2161
THORNE HARBOUR	58 Mundy Street Bendigo 3550 www.thorneharbour.org	03 4400 9000
YOUTH SUPPORT AND ADVOCACY CENTRE (YSAS)	8 King Street Bendigo 3550 Bendigo@ysas.org.au www.ysas.org.au	03 5444 2969

